

Blessingway's Tinctures Information



Safe for Pregnancy

Red Raspberry, Squawvine & Black Haw
Good for strengthening the uterus and preparing the body for birth. Helpful in preventing miscarriages.



For Labor: Do not use in Pregnancy

Blue & Black Cohosh, Motherwort & Angelica
Good for bringing on labor while keeping the BP down. Also useful with retained placentas.



Safe for Pregnancy

Crampbark & Black Haw
Good for menstrual cramps and for prevention of miscarriages. Also helpful other body cramps



Safe for Pregnancy

Hops, Crampbark & Black Haw
Helpful for afterbirth pains, cramps, prevention of miscarriage and muscle relaxation.



Do not use in Pregnancy

Shepherd's Purse, Angelica & Trillium
Good for controlling bleeding after birth. Can also be used for retained placentas.



Safe in Pregnancy

Blessed Thistle, Nettles & Fenugreek
For bringing on mother's milk, safe for mother and baby.



Safe in Pregnancy

Yellow Dock, Dandelion & Nettles
Good for anemia allows iron to be absorbed. High nutritional value.



Safe in Pregnancy

Dandelion, Nettles & Alfalfa
Good for aiding nutrition, Vitamin K. Alfalfa is known as the 'father of all foods' and Nettles are highly nutritious.



Safe in Pregnancy

Skullcap & Chamomile
Good for aiding sleep in pregnancy, relaxes the body.